



LUMINA | *Las Vegas*

BY SOLERA SENIOR LIVING



Lumina Las Vegas

**An unprecedented holistic approach
to dementia and Alzheimer's care.**

Located in one of the nation's premier academic medical districts, our stunning memory care community offers a new world for dementia care—bringing together all aspects of health and wellness in a refreshingly beautiful setting.

Lumina Las Vegas. Live Exceptional. Every Day.

“I am proud that Lumina Las Vegas is a residence where you will look forward to visiting your loved one, who will be supported by the best medical care and the best programming. Lumina Las Vegas raises dementia care to a whole new level. We are excited for you to experience the difference.”

ADAM KAPLAN | FOUNDER AND CEO, SOLERA SENIOR LIVING

Lumina (*n*):

Lumina (*n*): In more than one language, lumina is synonymous with light; sunshine; illumination. Las Vegas, Nevada, is considered to be the brightest city in the world, thanks to the lights of its famous downtown strip which are visible from space. At Solera, we selected this name because our community shines a new, brilliant, light on the care for dementia and Alzheimer’s disease; offering residents and their families the promise of a better future. Unlike our peers, we break from traditional norms to deliver a more contemporary resident experience.

Why Lumina Las Vegas?

Lumina Las Vegas represents an exciting new level of excellence in medical care and programming. Here, in a beautiful purpose-built setting designed to offer an enriched, life experience, your loved one will be seen for who they were—and still are. Their days will be designed around their own unique preferences, all with the top-tier hospitality you would expect in a luxurious Las Vegas resort. Plus, exciting, new life-enhancing technology that protects, connects, and entertains is readily available. More choices. More independence. A better quality of life for everyone.

What makes Lumina Las Vegas different?

A groundbreaking holistic approach, connecting medical expertise with day-to-day living as never seen before. Evidence-based therapies focusing on abilities, not inabilities. Meeting each person in their world, not asking them to conform to our schedule. Superb staff. Beautiful apartments with kitchenettes. Unique outdoor spaces, a fireplace, coffee station, and cozy nooks where families look forward to spending time with loved ones.

Located in the nationally acclaimed Las Vegas Medical District in close proximity to educational institutions, hospitals, rehab, and imaging centers. Nearby, the neighborhoods of Rancho Bel Air and Rancho Circle with stunning architecture and famous residents going back to the 1940s. Of course, Las Vegas is a perfect choice for entertainment, fine dining, shopping, and exciting nightlife.





About Solera Senior Living

Solera Senior Living has a singular focus: to develop, own and operate communities that will inspire a better quality of life for seniors. With personalized service, engaging programs, and best-in-class amenities, Solera's innovative approach elevates the entire senior living experience.

Founded in 2016 and based in Denver, CO, Solera Senior Living's core pillars include attracting, developing, and engaging high caliber talent, consistently delivering exceptional hospitality services, creating enriching resident programs, utilizing smart technologies, delivering high quality resident care, and designing elegant environments that are hyper-local and experiential.

More engaged team.
More satisfied residents.

Our approach is simple: give our residents the respect, dignity, independence, and quality of life that they deserve. This benefits not only the residents and their families but has a meaningful impact on our team as well. Our team doesn't look at working at Lumina Las Vegas as a job—they view it as a calling.



Honoring the Legacy of Dr. Leon Steinberg

Lumina Las Vegas is the result of one family's deeply personal commitment to create a better future for residents with dementia or Alzheimer's. Dr. Leon Steinberg, MD, founded Sunrise Hospital Department of Radiology. He was a philanthropist, champion of education, brilliant thinker, and devoted family man. His Alzheimer's diagnosis led to a frustrating search by his family to find the quality of care and the environment he needed and deserved. Following his death, his family vowed to help create a new model that would rethink every aspect of memory care and cater only to best practices, resulting in an industry changing approach to comfort and care.

A solace for both residents and families. A new world for those with dementia. Lumina Las Vegas honors that pledge.

◀ *Dr. Leon Steinberg and his grandson, Ari Steinberg*



Dining/Hospitality

BUILT ON GOOD TASTE

Tantalizing aromas. Crafted menus featuring brain-healthy diets. Flexibility and choice. At Lumina Las Vegas, hospitality shines at mealtimes, offering pleasurable, family-style dining for socialization and connection. Whether it's a morning snack, delicious selection from the pizza oven, or the comfort of dining with familiar faces in a beautiful setting, residents enjoy a premier dining experience on par with dining experiences Las Vegas is known for.

Senior Living Elevated

At Solera, we don't consider ourselves to be a senior living company that differentiates on hospitality. Rather, we're a hospitality company that provides exceptional and innovative services for seniors. You'll find everything we offer is above and beyond the norm for senior living.

OUR LEADERSHIP



NICOLE GRAHAM
EXECUTIVE DIRECTOR

Being a part of something truly uplifting and inspiring is Nicole's call to action. She's a perfect fit at Lumina Las Vegas, where fresh ideas and a passion for excellence are merging for exciting results. "I love how Solera is elevating the senior living experience, with a hospitality-driven culture, life-enhancing technology, dedication to high safety standards, and a high caliber staff," says Nicole. "Not only is Solera the leader in senior living, it's also a great place to work and live."

Creativity is a core value at Solera, and something Nicole has always embraced. She thinks outside the box and tries new things as evidenced by her being the only girl on her high school rugby team. "I'm always looking for the fun in things and finding a way to make an impact," says Nicole. "BYOE. I bring my own energy." Learning from life's ups and downs has given her keen insight into the healing power of compassion—another of Solera's core values—and something she calls upon as she interacts with residents and family members in a caring and empathetic way.

Nicole has been in senior living for more than 15 years, working in skilled nursing, rehabilitation, assisted living, and memory care. Her experience has included marketing, training, quality assurance, and work as a certified nursing assistant. Nicole completed the Aegis Learning program in Leadership Advance through the Leadership Foundation of Greater Las Vegas. She is a certified CPR and First Aid instructor.

She received her Master's in healthcare administration from the University of Phoenix and a BS in general studies from Indiana University-Purdue University Indianapolis. She and her husband, Turner, have three children and spend a lot of time attending kids' sporting and school events.

Which means for Nicole, it's a never a dull moment. And she likes it that way.

A Message from the Executive Director



As the Executive Director, I am honored and excited to be part of such an amazing and groundbreaking community. Lumina Las Vegas is changing the way senior living communities should be—setting new standards and best practices for all senior housing. Our team has the excitement and drive to do more and be better. With new life-enhancing technology that protects residents, programs that connect families and entertain each individual, and an over-the-top culinary experience that is forward-thinking for the wellbeing of others.

Our community is designed with memory care in mind. We understand the disease process. I welcome interactive dinners with families in Café Leon, encourage intergenerational programs with grandchildren, and look forward to interactive family care plans to ensure that together we medically and socially enhance your loved one's life. We respect that dementia and Alzheimer's disease affects the whole family and we bring support and light to our residents and families.

My team is committed to more choices, more independence, and a better quality of life for everyone. We are bridging all aspects of health and wellness in a holistic approach to dementia and Alzheimer's care. I personally welcome you and your family to come and experience something special.

Sincerely,
Nicole Graham

Services/Amenities

Residents of Lumina Las Vegas have access to the highest level of customized premium services and amenities for Memory Care, for a lifestyle of exceptional comfort and luxury.

- **Two Distinct Memory Care Neighborhoods** — Our Rejuv neighborhood is designed to support early-stage residents who are independent, social, and with higher cognitive levels. Our Aspyre neighborhood serves those in later stages of the disease who may have limited ability to communicate their needs or need more one-on-one assistance from our care team.
- **Zen Garden** — Each neighborhood features their own unique soothing sensory garden with water features, comfortable seating, and natural lighting.
- **Café Leon** — Residents in the Rejuv neighborhood savor homemade, seasonal, and local cuisine prepared by our Executive Chef from our Exhibition Kitchen.
- **The Rio Kitchen** — Residents in the Aspyre neighborhood enjoy flavorsome and nutritious menu options selected for brain health and prepared by our Executive Chef.
- **Fremont Room** — Engaging group activities and socialization.
- **Moxie Studio** — Named to honor determination and perseverance, this inspiring space puts expert Speech, Occupational, and Physical Therapy right at residents' fingertips.
- **Scotch 80s Salon** — Drop by for a new style or a touchup.
- **Digital Shadow Boxes** — Modern technology that allows families to send familiar mementos to help their loved ones stay in the present and remember the past.
- **Telehealth** — Convenient access to medical attention when needed.
- **Housekeeping and Laundry** — Our trained staff is here to keep your loved one's apartment clean and to launder clothes or linens.
- **Advanced Health Tracking Technology** — GPS location visibility, monitoring for metabolic changes, and fall detection.
- **Daily Trash Removal and Bed Making** — Allow our Housekeeping Staff to maintain your loved one's apartment to your standards.
- **Transportation** — Enjoy local shopping, entertainment, and cultural attractions courtesy of our complimentary transportation services.
- **Concierge Services**—Trust our informed and attentive Concierge for assistance scheduling appointments or booking specialized services.
- **Family and Caregiver Support Groups**—To provide a forum for sharing and supporting one another.



MEMORY CARE

We don't believe in life with limitations.

We believe everyone deserves to live as meaningful a life as possible, and we are committed to providing innovative opportunities for each person to engage, feel successful, and rejuvenate their spirit.





The Rejuv neighborhood, for the *early stages* of dementia

Individuals in the early stages of Alzheimer's often feel lonely and isolated in their own homes. They struggle to thrive in group settings due to gentle decline of memory. Feeling left out and having difficulty with everyday tasks can both worsen their disease and significantly harm their overall health. They need extra support, which is exactly why we have our Rejuv neighborhood.

We know that a diagnosis of dementia does not limit a person's ability to have a full life.

In the Rejuv neighborhood, we focus on a person's abilities—creating a safe and stimulating environment that allows them to be truly present, to have a purpose and a place, and to accomplish what they desire. In this enhanced assisted living experience, we address the components of brain health: mental/intellectual, emotional, spiritual, physical activity, socialization, and nutrition/dining. Residents enjoy well-designed studio apartments featuring a kitchenette.

Life Enrichment

Residents in the Rejuv neighborhood have numerous opportunities for connection, including special events and activities planned around their preferences. These include:

- **Scenic Tours**
- **Art Classes**
- **Laughter Yoga**
- **Daily Journaling**
- **Volunteer Projects**
- **Engaging Music Therapy**
- **Daily Board Games**
- **Wellness & Balance Classes**
- **Cognitive Engagement Activities**

Resident Care

The care team at Lumina Las Vegas is made up of Caregivers, Certified Nursing Assistants, and Medication Technicians, supported by licensed nursing. Each team member is deeply dedicated to enriching the lives of the residents.

The Aspyre neighborhood, for the *later stages* of dementia

We call our approach Aspyre Memory Care, and it is centered on learning each individual's likes and dislikes, at what part of the day they function best, their favorite activities, and more. This approach helps to create an encouraging experience that feels familiar, with the support of highly experienced team members.

Residents can benefit from quiet relaxation in beautiful private studio apartments that feature a kitchenette. Or, when out and about, they can enjoy the neighborhood with its easy-to-navigate areas, visual cuing, and calm, relaxing colors. Aspyre Memory Care at Lumina Las Vegas is dedicated to helping your loved one live their best possible life in a refined, serene, and safe setting.

Life Enrichment

Memory Care residents in the Aspyre neighborhood have numerous opportunities for engagement and involvement, including special events and activities planned around their preferences. These include:

- **Scenic Tours**
- **Sensory-Driven Cooking Activities**
- **Interactive Pet Therapy**
- **Hydration and Nutrition**
- **Engaging Music Therapy**
- **Wellness and Balance Classes**
- **Cognitive Engagement Activities**

Resident Care

Our secured Aspyre neighborhood features team members trained in Dementia Care which creates a highly specialized environment for residents with Alzheimer's. The care team at Lumina Las Vegas is made up of Caregivers, Certified Nursing Assistants, and Medication Technicians, supported by licensed nursing. Each team member is deeply dedicated to enriching the lives of the residents.





Senior living above the rest.



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Las Vegas

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